

Registration Form

Name _____

School _____

Grade ____ Age _____

Shirt Size (Adult Sizes) S M L XL

Parent Name _____

Address _____

City _____

State _____ Zip _____

Email _____

Home Phone _____

Cell Phone _____

Known Medical Conditions (if any):

Mail Check and form to:

Lituanica
530 2nd Street
Lemont, IL 60439

Ten Commandments of Basketball

1. Believe in yourself and your eventual success.
2. Set high-goals-**THINK BIG**
3. Never give up on the outcome of any game. Always display the will to win.
4. Practice at every opportunity, even in the off-season.
5. Ask your coach to point out your weaknesses, and try to overcome your shortcomings. Continue working on your strong-points.
6. Learn the fundamentals. Never stop practicing them.
7. Master all areas of the game.
8. Retain your enthusiasm for the sport.
9. At all times, be a good sport and give your best.
10. Lead a clean, exemplary life.

*Lituanica
Basketball*

07-08

Lituanica Basketball Academy



2008 OFF-SEASON

Basketball Skills Camp

Lithuanian Center
14911 127th Street
Lemont, Illinois 60439
630-235-0264
630-212-4895



Stepas Zilys is a graduate of Kaunas University in Lithuania where he received a degree in physical education with special emphasis on basketball and physical conditioning. In 2000 Stepas emigrated to the

US and he has been head coach of the Lituania Basketball Club since. He was assistant coach of the Lithuanian National team at the 2003 and 2004 Global Games and General Manager for the 2005 and 2006 teams. In 2007 he was the head coach of professional expansion team in Lithuania.

Stu Zilys is the starting forward for the Lemont



High School basketball team. He is a 3 year varsity player and 2 year starter. Stu leads the team in rebounding. He was selected as a member of the Thanksgiving All-Tourney team 2007. Played as a part of the Lithuanian National Jr. Team

and competed at Global Games 2006. He has played for Lituania since age 10.

Juozas Prankevicius is the starting guard for the Lemont High School team. He is also a 3 year varsity player. Juozas is recognized as one of the most dangerous shooters in the area. He has won the Lemont Christmas Classic 3 point-shootout 2 years in a row. Also, he made his mark at the



IHSA 3 point contest finishing in the top 6. Juozas is the leading scorer of the Lemont High School team. He has played for Lituania since age 8.

Camp dates: **March 31-April 3**
 Practice Time: **9 a.m. to 11a.m.**
 Camp Cost: **\$115**
 Age: **Girls & Boys Grades 4-9**

***Each Player will receive a camp T-shirt**

Training Sessions will emphasize basketball fundamentals critical for proper:

- **Shooting**
- **Passing**
- **Rebounding**
- **Ballhandling**
- **Defense**
- **Conditioning**

“Real Players are made In the off-season”



Waiver

SPORTS RELEASE HOLD HARMLESS AGREEMENT

I hereby covenant and agree to hold harmless and indemnify the Lithuanian Mission Center, Inc and Lituania, Inc. against any suit, claims, costs, attorney’s fees for and on account of any injury to myself and my children using the facilities. I understand and acknowledge that there are inherent risks of injury in basketball and assume that risk voluntarily.

Child’s name _____

Parent’s name _____

Parent’s Signature _____

Date _____

Address _____

Telephone _____

Cut and return this portion